

## FOR IMMEDIATE RELEASE

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## If You Enjoy Football, You Will Be Glad To Learn That The Game Can Help You Win At Life

Xulon Press presents inspiration for men to live the life they were born to live.

MAITLAND, FL—Author Mike Sears uses football principles to teach life skills in *mal-e functioning: Get Out Of Your Own Way And Execute Your "Dream Life" Play* (\$19.99, paperback, 9781662879074; \$9.99, e-book, 9781662879081).

Sears encourages his readers to find their purpose and pursue it, without letting any negative voices stand in their way. He wants them to know about and believe in the resources available to them to help them succeed.

"I wrote this book because I believe everyone should know that they can win in life the same way football players do when they step on a football field. It's mind over matter because whatever is in your mind matters," said Mike Sears.

Even though Coach Mike Sears has a Bachelor's degree in Music Industry Management, a Master's degree in Entertainment Business, over 30 years of experience in the entertainment business and 20 years of experience in education, he considers himself a minister. Sears grew up on the eastside of Detroit and was able to survive the adverse effects of drugs, violence and poverty. Now, he uses his influence to provide others with valid options to get off the streets. Sears is the president of One Life, Inc. and has served in a variety of youth organizations, including as V.P. of the Northwest Detroit Youth Coalition Executive Board.

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Xulon Press, a division of Salem Media Group, is the world's largest Christian self-publisher, with more than 15,000 titles published to date. *mal-e functioning* is available online through xulonpress.com/bookstore, amazon.com, and barnesandnoble.com.