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Contact: Helen Daniels
Email: MissDaniels55@yahoo.com

Xulon Release Inspires Women to Build Success Around Their Unique Strengths

Helen Daniels encourages women to use their God-given talents to improve their personal relationships, careers, and self-satisfaction.

MAITLAND, FL— Within the pages of Helen Daniels's new book, *Enriching Your Life*, (\$14.99, paperback, 9781545610848; \$7.99, e-book, 9781545610855) readers will discover the real-life actions they can take to find fulfillment and purpose.

"Women are looking for fresh ideas that will give them an incentive to grow and enrich their lives," states the author. "No Matter where you are on your life's journey, you can chart a new course for your career, relationships, and life. This is a handy guide book that has real-life pertinent information you can use today!"

Helen Daniels holds a bachelor's degree in organizational management, a master's degree in public administration, and an associate degree in Christian ministry. After twenty-nine years in public service, personnel development, and public relations, she is now a Certified Personal Development Coach and motivational speaker.

Xulon Press, a division of Salem Media Group, is the world's largest Christian self-publisher, with more than 12,000 titles published to date. Retailers may order *Enriching Your Life* through Ingram Book Company and/or Spring Arbor Book Distributors. The book is available online through xulonpress.com/bookstore, amazon.com, and barnesandnoble.com.